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TALES2SHARE:

Promoting Lifelong Learning of Elderly Women Through the Upgrade of Adult Educators' Methodologies for Inclusive, Accessible and Participatory Communities

Article 3

Authors:

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Title: Tales2Share – more than a project

A narrative with a future

From the very beginning, the Tales2Share project had one main goal: to give voice to women whose stories often go unheard. Through the collaborative work of educators and participants, spaces were created where storytelling becomes a tool – for integration, self-expression, understanding, and building relationships. Today, even though the project is coming to an end, the effects of this shared narrative are only just beginning to unfold.

Digital storytelling, workshops, podcasts, the storytelling guide, and the online platform are not just project results. They are practical tools ready for continued use. Educators are returning to their communities equipped with ready-to-use methods, which are already being implemented in local initiatives, clubs, senior centres, and cultural institutions. Participants, both local and migrant women) gained new competences, but also something harder to measure: a sense of agency and belonging.

Most importantly, Tales2Share does not end with the final report. The project partners have ensured that the results are accessible and easy to use even for those who were not directly involved in the activities. The storytelling guide and educational materials are available online, and the podcasts serve not only as inspiration, but also as concrete examples of how storytelling methods can be used in work with women aged 55+.

What began as a project is becoming a practice. And practice, when grounded in values such as equality, dignity, and attentive listening, has a future. Because stories that have been heard once, begin to live on in the voices of others.

Why focus on women 55+?

Women aged 55+ are often invisible – in public discourse, in the labour market, in community activities. Many face exclusion: because of age, gender, background, or sometimes all of these at once. Through the Tales2Share project, we aim to change that. We show that their stories have power. They build bridges between people, foster empathy, and remind us of the values on which strong communities are built. Women who have spent years supporting others can now feel seen, heard, and valued.

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What's next?

The results of Tales2Share are not just the memory of a successful project – they are tools ready to be put into action. Organisations and educators can use them in their local communities to create:

- digital storytelling workshops for women aged 55+;
- integration meetings focused on sharing migration experiences;
- collaborative spaces for local women and migrants;
- intergenerational activities using recorded podcasts;
- small-scale narrative projects in schools, libraries, or senior centres.

All materials available on the platform are free to access – ready for adaptation, modification, and further development. Women's stories become a starting point for building communities based on attentiveness and equality. And this is only the beginning.

For more information please visit www.tales2share.eu

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