Co-funded by the European Union

Project Number: 2023-2-PL01-KA210-ADU-000177405

TALES2SHARE:

Promoting Lifelong Learning of Elderly Women Through the Upgrade of Adult Educators' Methodologies for Inclusive, Accessible and Participatory Communities

A4.1 HYBRID TRANSNATIONAL TRAINING FOR EDUCATORS

Author: Emphasys Centre

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Grant agreement	2023-2-PL01-KA210-ADU-000177405
Programme	Erasmus+
Project acronym	TALES2SHARE
Project title	Promoting Lifelong Learning of Elderly Women Through the Upgrade of Adult Educators' Methodologies for Inclusive, Accessible and Participatory Communities
Project starting date	01/04/2024
Project duration	15 months
Project end date	30/06/2025

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

This document has been created by the collaboration of the whole TALES2SHARE partnership: Fundacja Pro Omnis / Pro Omnis Fundation, A & A Emphasys Interactive Solutions Ltd, Inter Art Foundation.

This document is licensed under a creative Commons attribution-non-commercial-share alike 4.0 international

Consortium:

Pro Omnis FUNDACJA

Emphasys CENTRE

INTERART

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Contents

Contents 3
Introduction 4
Sub-Activities: 4
A.4.1. Hybrid Transnational Training for Educators 4
Transnational online introductory session 4
A short-term transnational train-the-trainer mobility for adult educators 5
Additional F2F, virtual training and self-learning at the national level 7
Assessment and Validation 21
Annexes 25
Annex I: Transnational Train-the-trainer mobility evaluation questionnaire analysis 25

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Introduction

The A.4.1. Hybrid Transnational Training for Educators, jointly led by Partner 2 – Emphasys Centre (EMP) and co-led by Partner 1 – FPO, builds upon the outputs developed in Activity 4 to strengthen the capacity of adult educators across partner countries for the successful set up of community programme with elderly women with migrant background in partner countries (Poland, Bulgaria, Cyprus).

It includes comprehensive training to ensure a cohesive and effective transfer of knowledge and skills through a combination of online, face-to-face, and self-directed learning modalities.

The transnational training for adult educators was developed in three phases:

- **Sub-Activity 1:** A transnational online introductory session for adult educators
- **Sub-Activity 2:** A short-term transnational train-the-trainer mobility for adult educators
- **Sub-Activity 3:** Additional follow-up national training for adult educators

Sub-Activities:

A.4.1. Hybrid Transnational Training for Educators

Transnational online introductory session

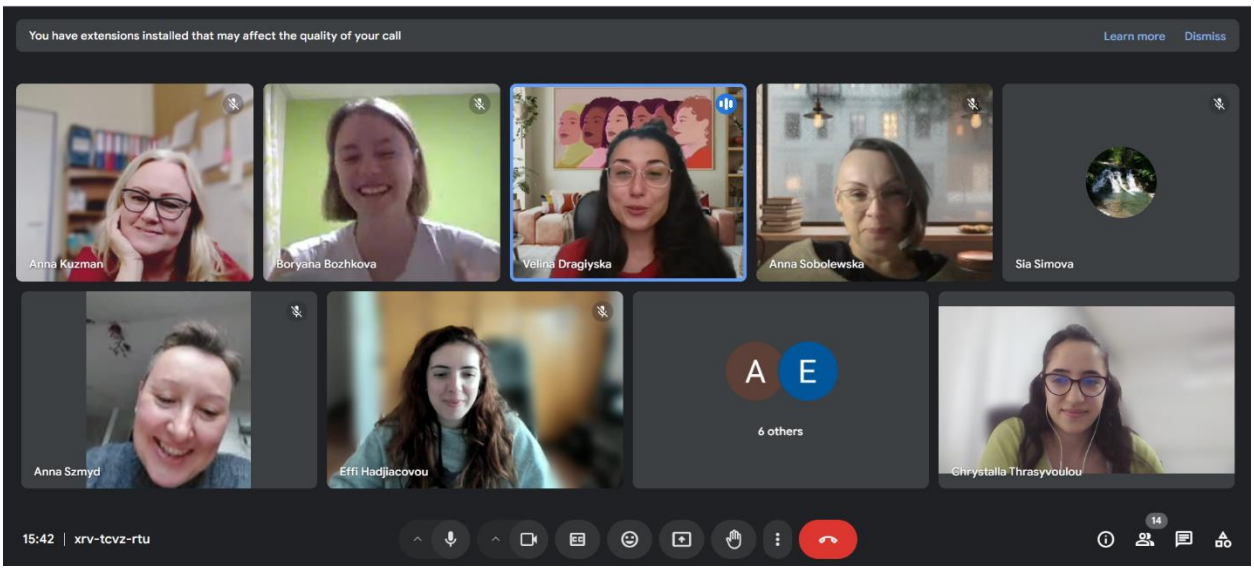
The activity commences with a transnational online introductory session aimed at presenting the underlying methodology to all participants. A virtual transnational introductory session was organised by the TALES2SHARE consortium, with the participants attending the training in Cyprus on the 13th of December 2024. The main agenda of the virtual introductory session was:

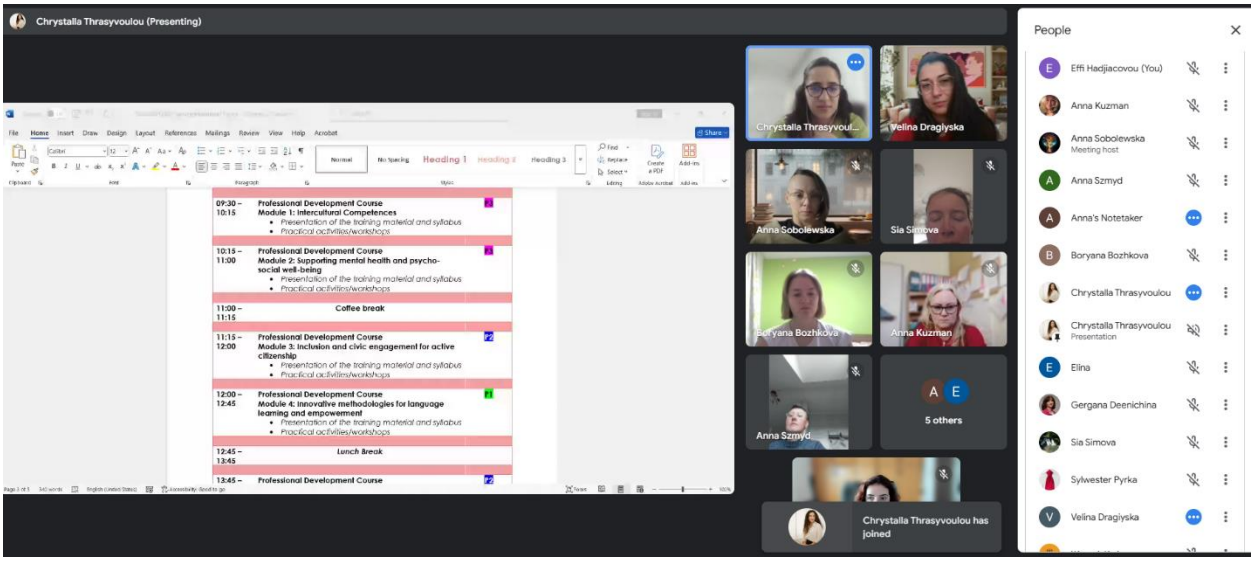
- Present the methodology of the training
- Get to know each other
- Review the agenda

In Annex I, the evaluation questionnaire analysis is presented.

You can find more information here https://tales2share.eu/activity-4/

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.





A short-term transnational train-the-trainer mobility for adult educators

The TALES2SHARE Consortium organised the Transnational Training Mobility for Educators between 22-24 January 2025 at the Emphasys Centre in Nicosia, Cyprus.

- Educators from Poland, Bulgaria and Cyprus had the opportunity to explore:
- Review the interactive and dynamic platform of the project https://platform.tales2share.eu/
- Professional Development Course for Educators in intercultural competences, language learning, empowerment, digital storytelling etc.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

- Handbook for Adult Educators with guidelines and instructions on how to integrate elderly women with a migrant background in local communities
- Guidelines for elderly women to design and develop digital stories
- Record video testimonials at a professional recording studio (https://www.youtube.com/watch?v=FN1jdkQtOF4 & https://www.youtube.com/watch?v=e5vpvfoJ52A)

You can find more information here https://tales2share.eu/activity-4/

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Additional F2F, virtual training and self-learning at the national level

Complementing these sessions, an additional 10 hours of blended training—comprising face-to-face, virtual, and self-learning components—was delivered at the national level to a selected group of four educators in each partner country. Here you can find information for each country:

Poland (here you can find the full report):

1. Participants

Pro Omnis Foundation implemented the training programme for educators with the following participants:

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

- Agnieszka Lange - Olszewska – President of the Foundation, project coordinator. She oversaw the organization of events and meetings, and was responsible for the substantive and financial aspects. Agnieszka prepared agendas and summaries of events, and participated in all project activities throughout its duration.
- Anna Kuzman – Projects organisation and senior trainer. She served as an advisor and trainer of the trainers. She led the Community Programme, Info Days and Exhibition Day held on 23 June and presented during the transnational online sessions for senior educators on 17 and 26 June.
- Anna Szmyd – Adult educator and trainer. Anna took part in all project's activities, for example, in the short-term training mobility in Cyprus, contributed to both face-to-face and virtual sessions with Pro Omnis educators, organized the Info Day in Poland – Zielona Góra on 14 May, Together with Anna Kuzman co-led the Community Programme with seniors on 22 May, and facilitated the local digital storytelling session on 23 May 2025.
- Mirosława Dziedzic – An employee of the Pro Omnis Foundation, responsible for organizing the senior club and contacts with seniors. She conducted activities with elderly people. She actively participated in both Community Programme meetings and took part in the Transnational Sessions.
- Yuliia Velykotska – Psychologist, working with Ukrainian senior women in Poland, Toruń. Yuliia works in Pro Omnis Foundation as a psychologist. She actively supported senior women in recording their stories during the Community Programme , guiding them in developing their narratives and presenting them online. Yuliia has been involved in the project from the very beginning, participated in the first Innovative Forums for trainers, and supported Ukrainian senior women during meetings with local seniors.
- Karolina Kasprzak - Psychologist, actress. She works with seniors, conducting theater classes for senior women. She provides psychological support for migrant women and those in difficult personal situations. During the Community Programme, she supported women in creating stories using Canvas.
- Olena Krava - An employee of one of the largest charitable organizations in Poland (CARITAS). She is a psychologist and a Ukrainian citizen. In Poland, she is responsible within her organization for supporting refugee women. During the second Community Programme meeting on 23 May, she supported women from Ukraine in creating digital stories and also served as an interpreter.
- Kamila Malicz and Paweł Majewski – Volunteers working with seniors.
- Wojciech Skorek - Digital, marketing, and advertising specialist at the Pro Omnis Foundation. He oversaw the preparation of posters, promotional materials, and leaflets. He graphically designed prepared content, prepared captions for

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

videos, and supported senior women in logging onto the platform and setting up emails.

2. Preparation sessions – online and F2F meeting.

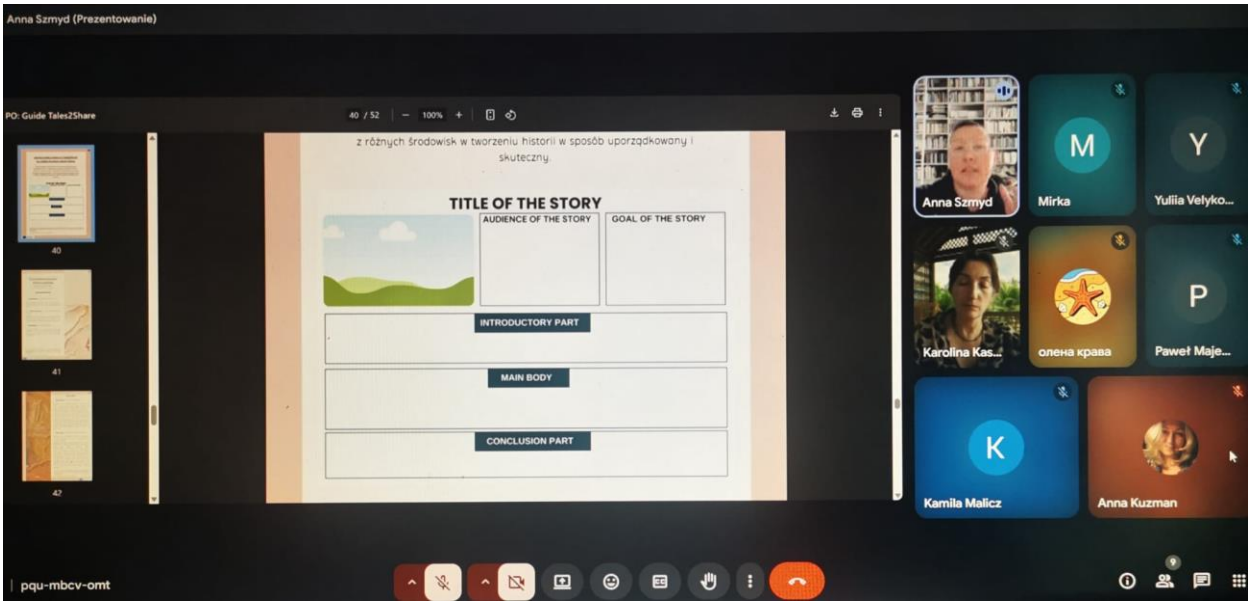
After the training in Cyprus, Pro Omnis Foundation educators held two follow-up workshops at the national level to review and consolidate information on using the online platform and its associated professional development course. The sessions were also aimed at new educators interested in the course for women and in learning about the developed Tales2Share products. They also aimed to support the preparation and implementation of the community program. A total of 10 hours was dedicated to these two workshops.

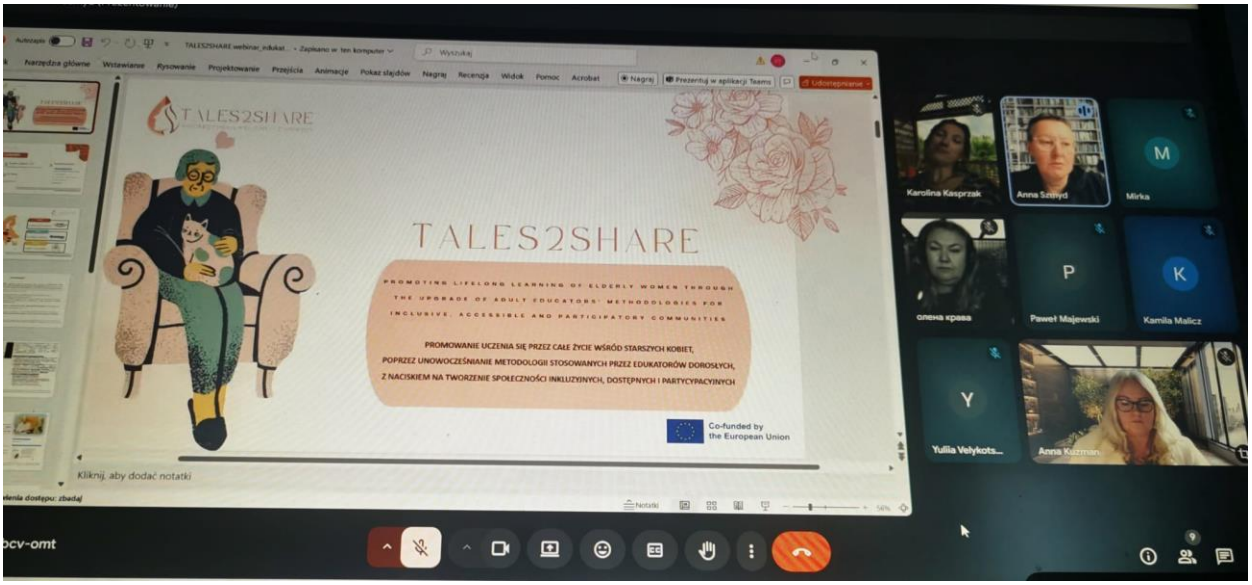
The first training workshop was held online on **May 15, 2025**, from 3:00 PM to 8:00 PM CET. Participants included Anna Kuzman, Anna Szmyd, Mirosława Dziedzic, Yuliia Velykotska, Karolina Kasprzak, Olena Krava, Paweł Majewski, and Kamila Malicz. During this workshop, Pro Omnis Foundation educators, Anna Kuzman and Anna Szmyd (participants of the meeting in Cyprus), focused on presenting the online platform designed to support professional development and community engagement activities. The meeting aimed for a thorough presentation of the platform's features, functionalities, and practical applications.

Attention was drawn to how the platform can make working with older women more attractive, provide tools for work, and act as a support in the social inclusion of migrant communities.

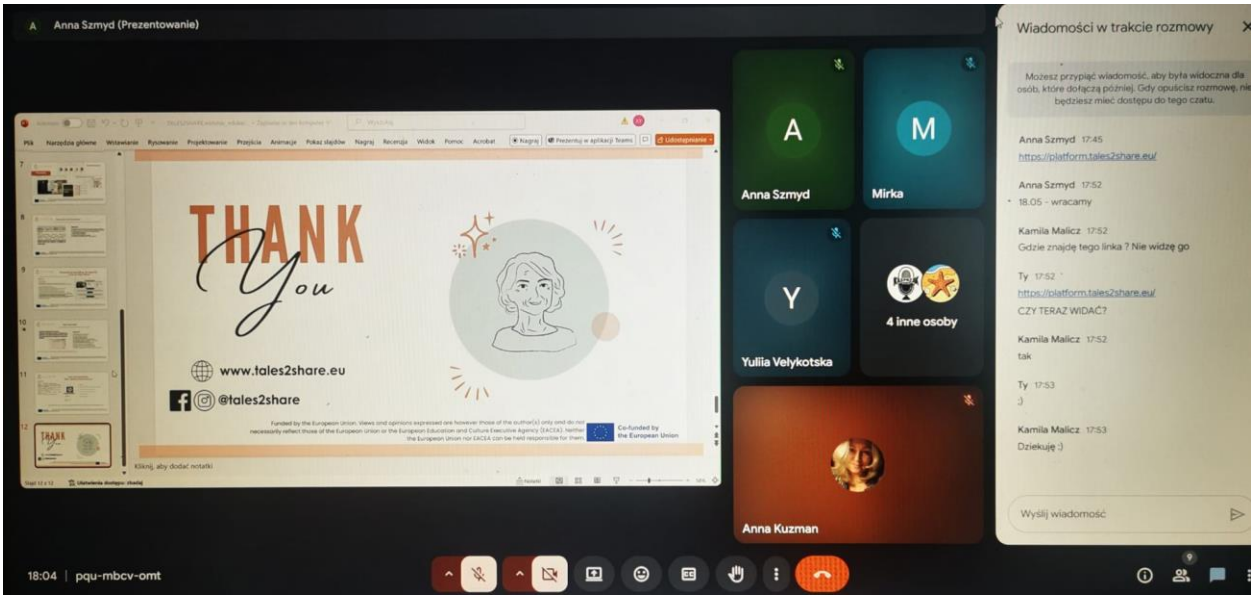
Additionally, Handbooks for educators and senior women were discussed, and story cards were presented as an effective tool for conducting workshops. Participants were invited to the Transnational Online Sessions, and the rules of cooperation were discussed.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.





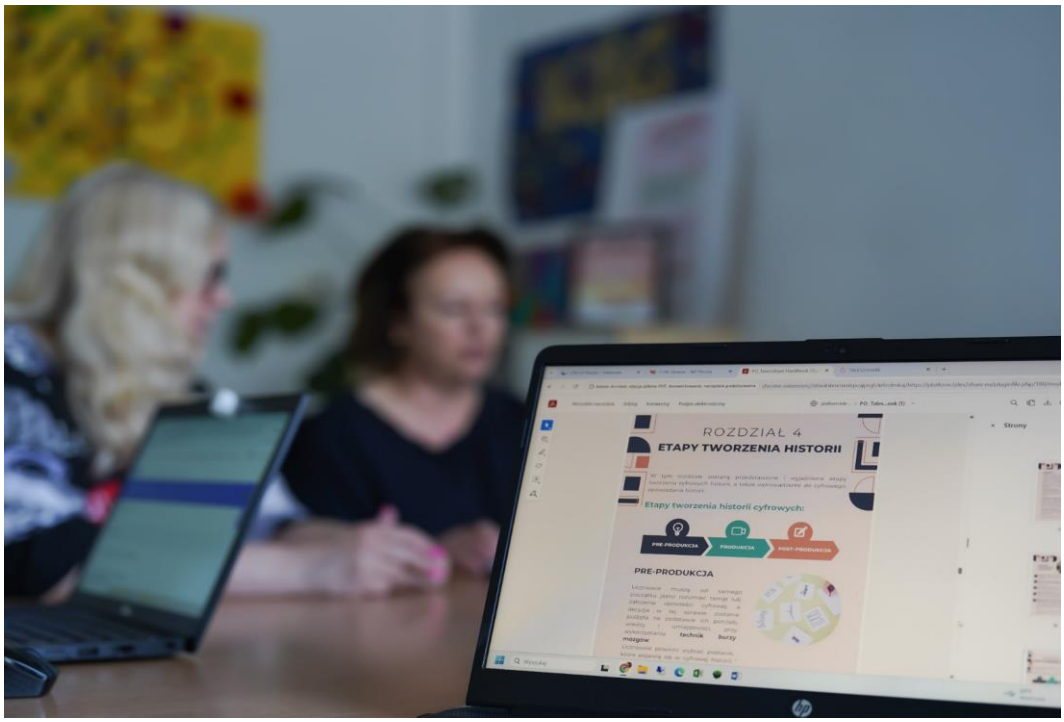
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



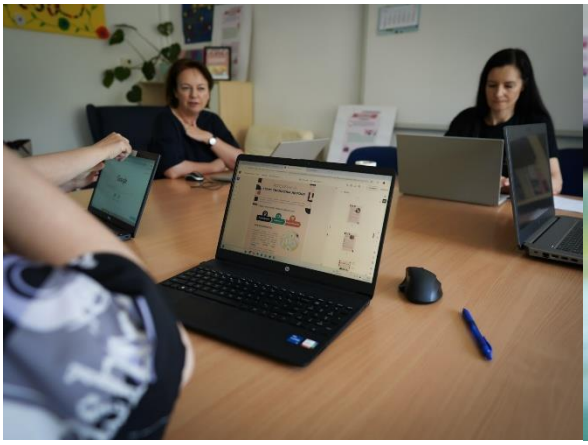
The second training workshop was **held in-person on May 21, 2025**, from 9:00 AM to 2:00 PM.

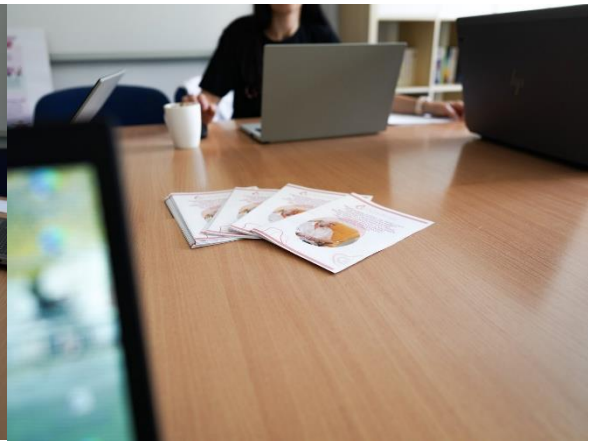
Participants included Anna Kuzman, Agnieszka Lange-Olszewska, Anna Szmyd, Mirosława Dziedzic, Wojciech Skorek, and Karolina Kasprzak. During this workshop, Pro Omnis Foundation educators focused on the professional development course and guidelines for older women on creating their digital stories, as well as on the online platform. The main topic of the meeting was a detailed discussion of the course of the Community Programme meetings for women. Subsequently, preparations for the community program began, aiming to finalize the agenda, participant list, attendance confirmation, material preparation, etc. Tasks were divided, and technical aspects of recording women's digital stories were discussed. Sensitive aspects related to connecting communities of native and migrant women and methods for integration and proper workshop facilitation were also discussed.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.





Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Bulgaria (here you can find the full report):

InterArt implemented the training programme for educators with the following participants:

- Gergana Deenichina – Director of the organisation and senior trainer. She served as an advisor and trainer of the trainers.
- Sia Simova – Adult educator and trainer. Sia participated in the transnational online introduction session with all project organisations, took part in the short-term training mobility in Cyprus, contributed to both face-to-face and virtual sessions with InterArt educators, organised the Info Day in Bulgaria on 22 April, led the interactive session with seniors on 28 April, and facilitated the local digital storytelling session on 7 May 2025.
- Velina Dragiyska – neuropsychologist and expert in socially-dedicated project management. Velina participated in the transnational online introduction session with all project organisations, contributed to both face-to-face and virtual sessions with InterArt educators. She led the Exhibition Day held on 4 June and presented during the transnational online sessions for senior educators on 17 and 26 June.
- Boryana Bozhkova – Culturologist, volunteer, activist and digital expert at InterArt. Boryana took part in the transnational online introduction session with all project organisations and the short-term training mobility in Cyprus, contributed to both face-to-face and virtual sessions with InterArt educators. She actively supported senior women in recording their stories, guiding them in developing their narratives and presenting them online.
- Nadia Dineva – Volunteer and senior activist. Nadia participated in the transnational online introduction session with all partner organisations and the short-term training mobility in Cyprus. Together with Velina, she co-organised the Exhibition Day on 4 June 2025.

After the training in Cyprus InterArt's educators held 2 meetings between Gergana Deenichina, Sia Simova, Velina Dragiyska and Boryana Bozhkova to provide preparation and guidance over the upcoming activities towards broader audience. Between the sessions the educators have been assigned self-learning and further exploration of the topics.

Online session – 18th of March 2025 – 10.00 – 13.00 CET

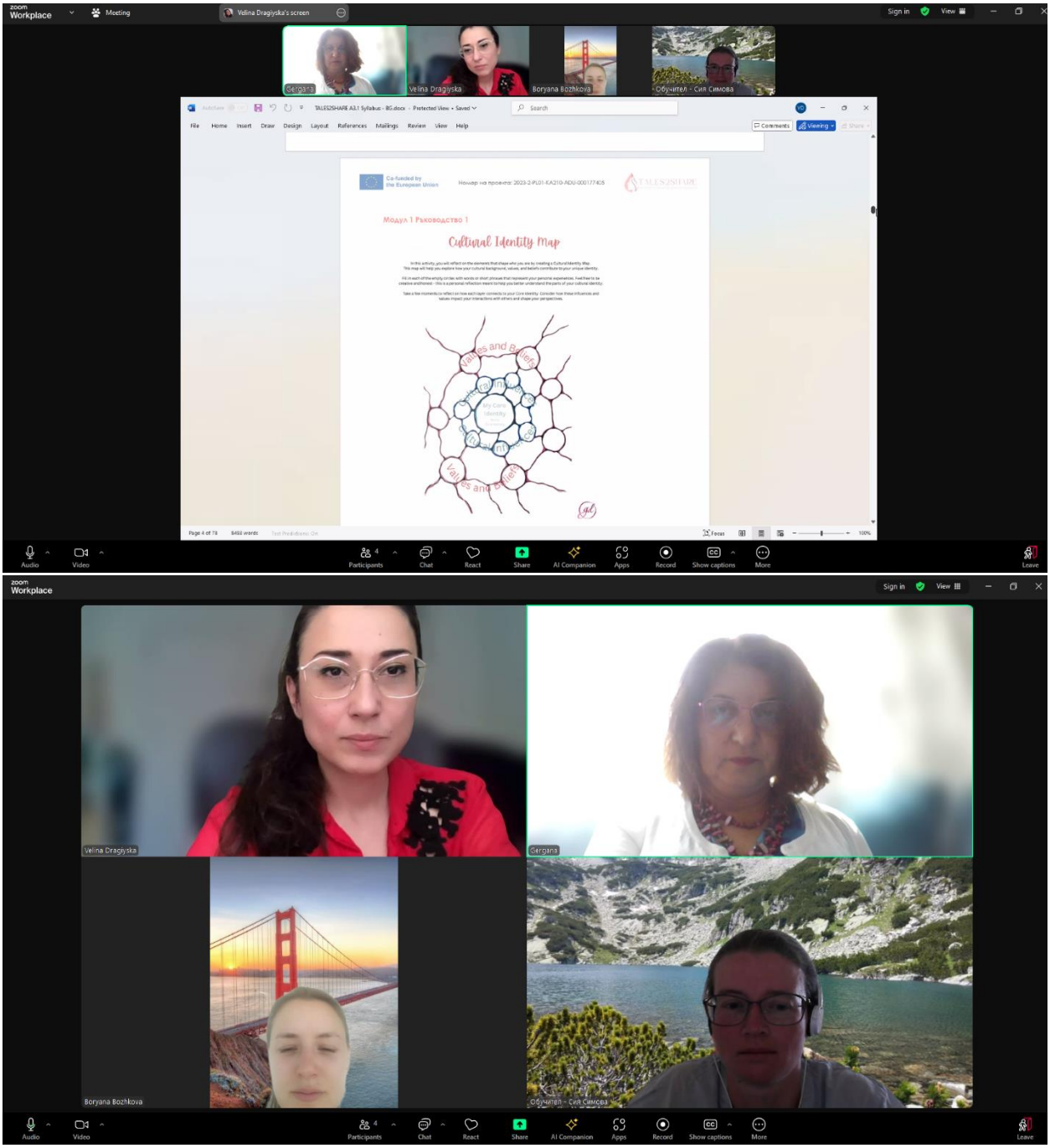
Participants: Gergana Deenichina, Sia Simova, Velina Dragiyska, Boryana Bozhkova.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Objectives: Based on the adult educators course (A3)'s syllabus, Gergana Deenichina presented the Cultural Identity Map exercise and how it can be implemented to boost the social dialog across the learners from migrant background and from the hosting communities.
Then Velina Dragiyska introduced different techniques for implantation of the storytelling cards. All educators practice explaining the concepts of intercultural dialog and how it could be practically implemented.

Another focus was put on the "sensitive topics" when it comes to cultural awareness and how we can prevent harsh communication from happening during the community program (as we focused on some topics that are politically-charged when it comes to specific migrant background).

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Prior to the Infoday, the educators gathered

Face2Face Session: 15h of April 2025 – 14.00 – 16.00 CET

Participants: Gergana Deenichina, Sia Simova, Velina Dragiyska, Boryana Bozhkova.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Objectives: The educators reviewed the developed during the project materials and discussed how the can be further integrated into the community program during and outside of the duration of the project.

Some aspects of the program lacking clarity were explored and aligned upon. The educators reviewed the agendas for the interactive sessions and community program at local level.

Participants also shared their progress and bottlenecks of the adult educators course. Gergana led a short reflection session for the rest on removing prejudice. Velina shared some tips for overcoming fear of public speaking and how to support the senior women to express themselves in diverse environment.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Cyprus (here you can find the full report):

Emphasys Centre implemented the training programme for educators with the following team members:

- Chrystalla Thrasyvoulou – Project Coordinator and ICT Expert. Chrystalla was responsible for the overall design and coordination of the training programme. She facilitated communication with project partners, led the implementation of the short-term training mobility hosted in Cyprus, and supported the preparation and delivery of virtual sessions. She also coordinated the local engagement activities with senior participants and provided technical support in the use of digital tools and platforms for digital storytelling.
- Stelios Stylianou – Certified Adult Educator with experience in training for adult educators in intercultural competences as well as for elderly people in health and well-being, creativity etc. He supported the organization and preparation of the community programme as well as the technical support where needed.
- Effi Hadjiacovou – Certified Adult Educator. Effi played a key role in both face-to-face and virtual training sessions, offering pedagogical insights and applying interactive methods tailored to adult learners. She conducted specialised sessions on digital storytelling, supported participants in creating and editing their personal stories, and contributed to the coordination of the online sessions and the final exhibition.
- Elina Panayides – Adult Trainer. Elina supported the preparation and delivery of virtual sessions and coordinated local engagement activities with senior participants. She also co-facilitated digital storytelling workshops and contributed to the development of training materials and content.

Following the training in Cyprus, Emphasys Centre's educators conducted two face-to-face follow-up workshops at the national level to further enhance their proficiency with the online platform and the associated professional development course. The sessions also aimed to support the preparation and implementation of the community programme. A total of 10 hours was dedicated to these additional training workshops.

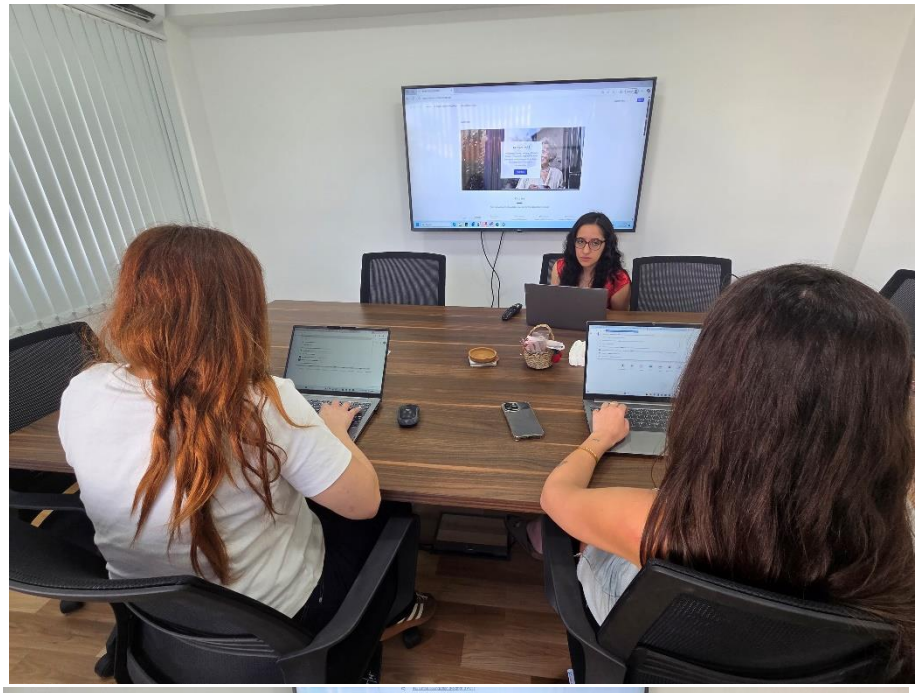
1st training workshop (Face-to-Face): 6th of March 2025, 10:00 – 14:00

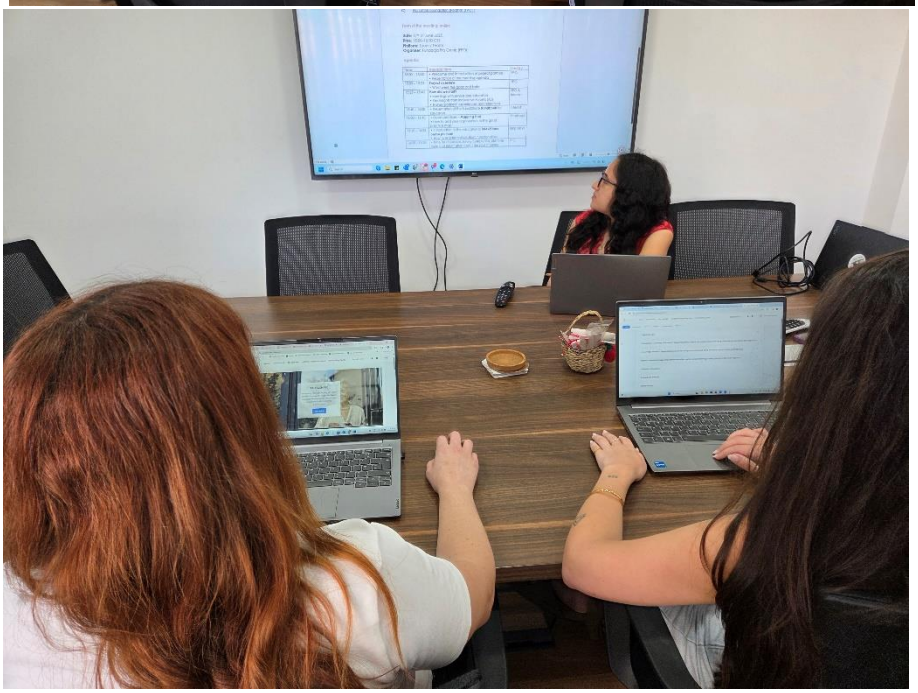
Participants: Chrystalla Thrasyvoulou, Effi Hadjiacovou, Elina Panayides.

In this workshop, Emphasys Centre educators were focused on the online platform designed to support professional development and community engagement activities. The session included a comprehensive presentation of the platform's features, functionality, and practical applications. Emphasis was placed on how the platform can facilitate the creation of digital stories and support educators working with learners from migrant backgrounds and host communities. Additionally, the transnational online

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

sessions were discussed, highlighting the opportunities for cross-border collaboration and exchange of best practices among educators and elderly women with migrant background from different partner countries.





2nd training workshop (Face-to-Face): 27th of March 2025, 11:00 – 15:00

Participants: Chrystalla Thrasyvoulou, Effi Hadjiacovou, Elina Panayides, Stelios Stylianou

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

In this workshop, Emphasys Centre educators were focused on the professional development course and the guidelines for elderly women to create their digital stories as well on the online platform. Then, the preparation of the community programme was followed to finalise the agenda, participants etc.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

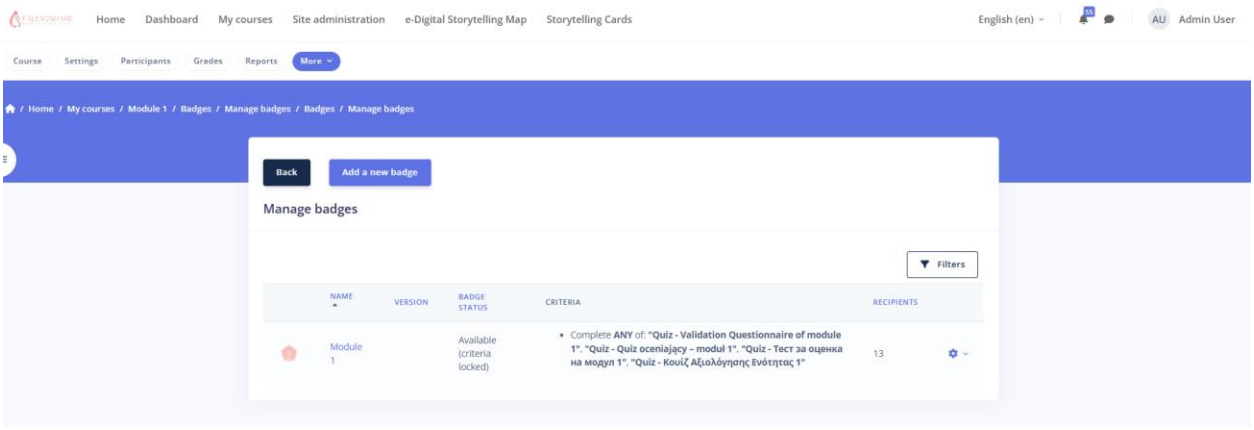
Assessment and Validation

To ensure the effectiveness of the training and the practical application of the newly acquired competences, an assessment and validation methodology was developed by TALES2SHARE consortium via micro-credentials (open badges) based on the 6 modules developed for the Professional Development Course (Activity 2) and hosted in the TALES2SHARE Online Platform Here you can find the assessment methodology.

Then, an assessment and validation are conducted within each partner country to earn their digital badge. This activity aimed to foster professional development, enhance intercultural dialogue skills, and support the successful implementation of the project outcomes in diverse educational contexts. Here you can see the open badges received.

Module 1: Inter-cultural competences

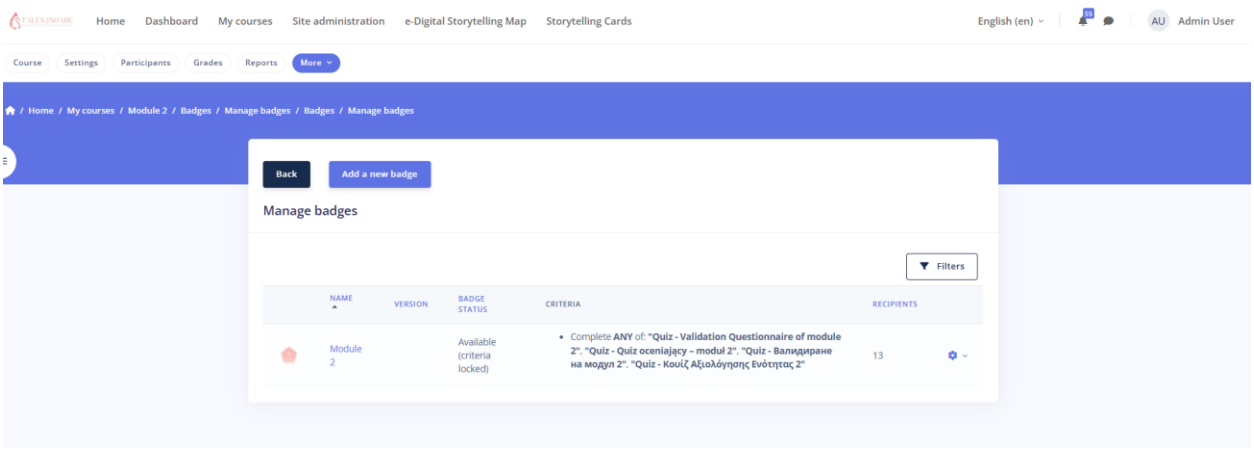
Total number of educators who earned their micro-credential (open badge): 13



Module 2: Supporting mental health and psycho-social well-being

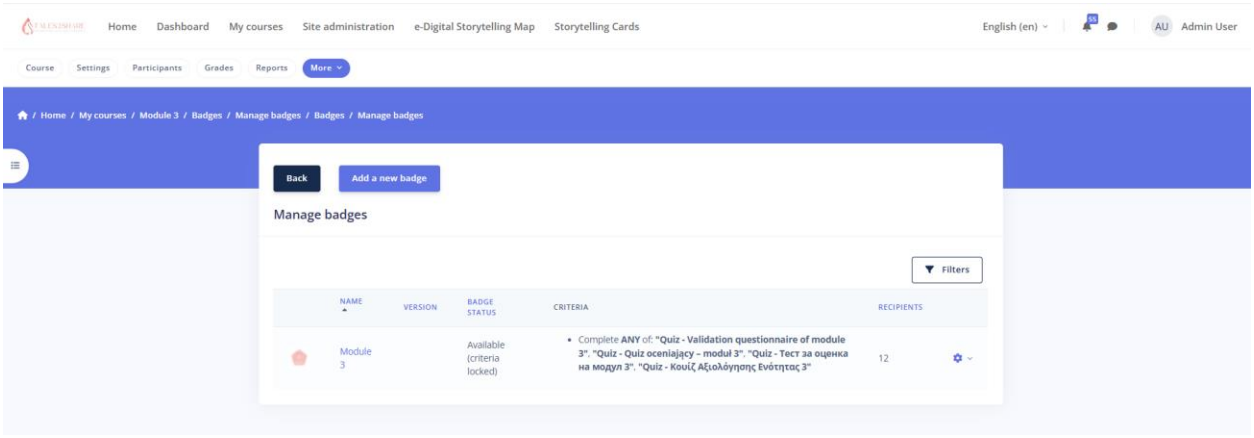
Total number of educators who earned their micro-credential (open badge): 13

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Module 3: Inclusion and civic engagement for active citizenship

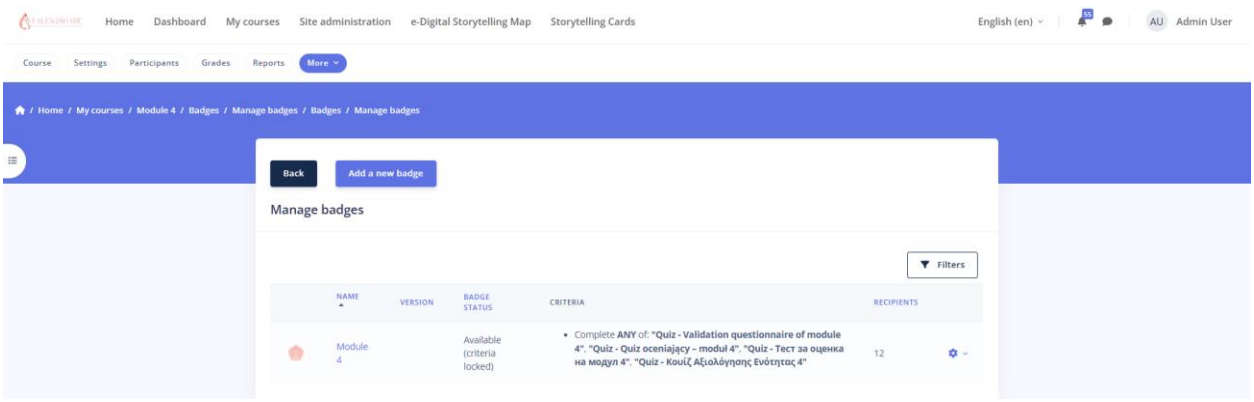
Total number of educators who earned their micro-credential (open badge): 12



Module 4: Innovative methodologies for language learning and empowerment

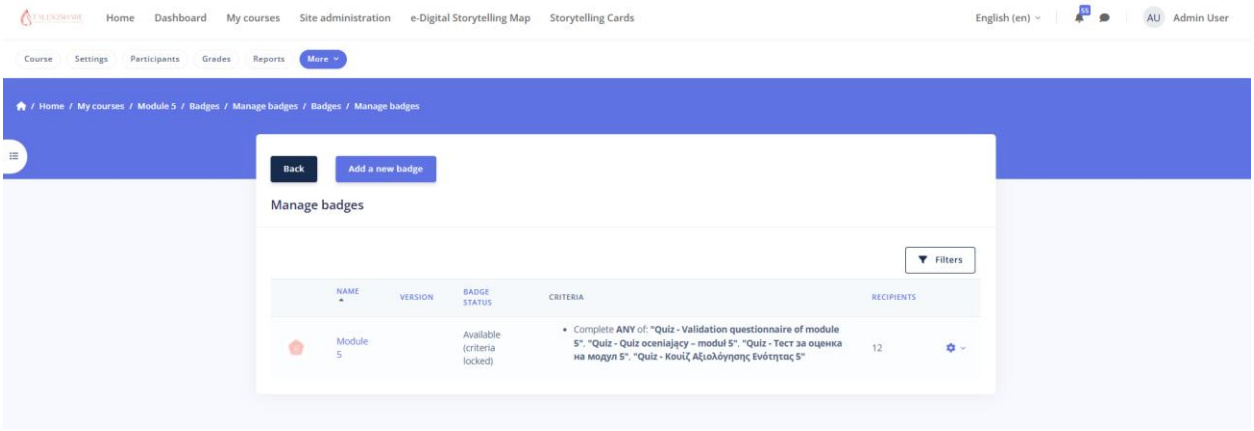
Total number of educators who earned their micro-credential (open badge): 12

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Module 5: Digital Story-telling (DST)

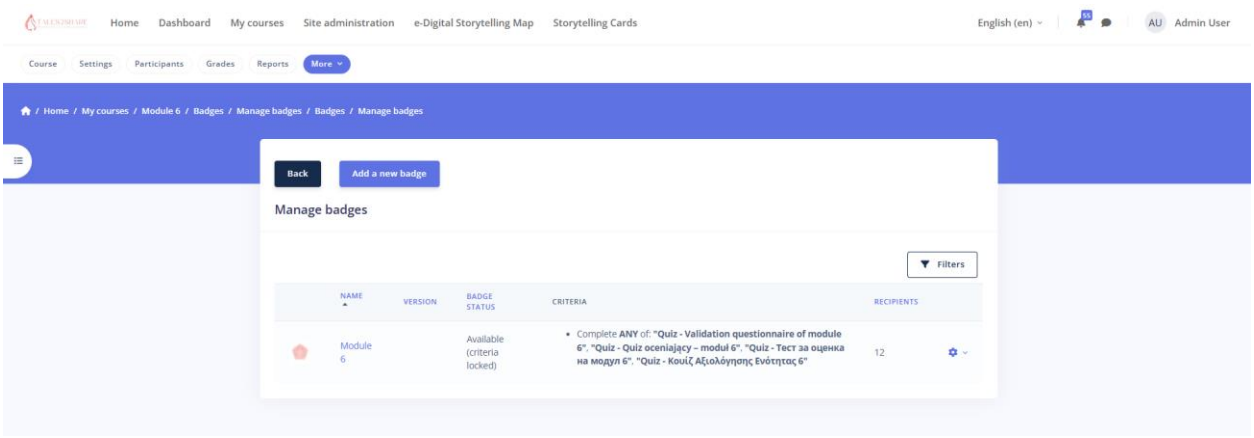
Total number of educators who earned their micro-credential (open badge): 12



Module 6: Setting up Tales2Share hubs

Total number of educators who earned their micro-credential (open badge): 12

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

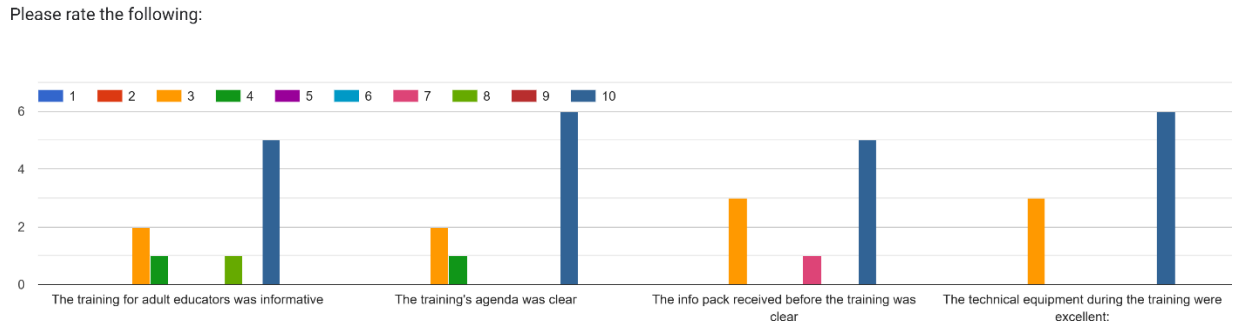


Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

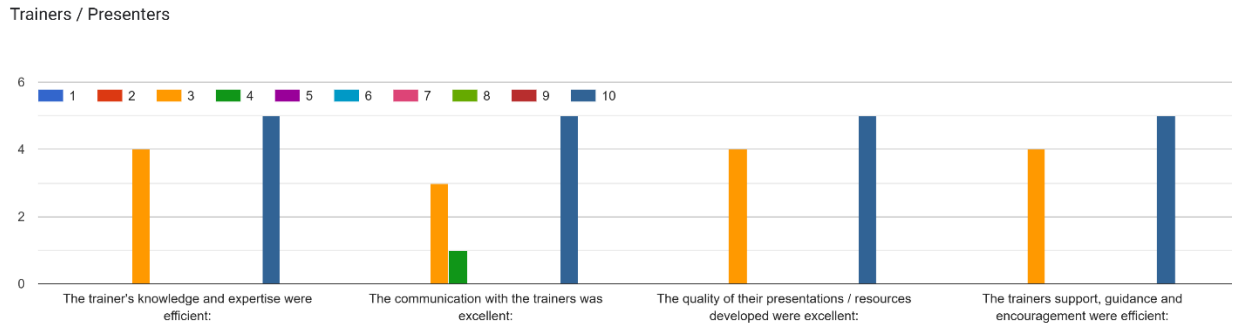
Annexes

Annex I: Transnational Train-the-trainer mobility evaluation questionnaire analysis

The Quality Leader sent an evaluation questionnaire to all partners to fill in to evaluate the Transnational Training for Educators hosted in Cyprus, Nicosia between the 22nd – 24th of January 2025.



Comment: The majority of respondents agreed that the training was informative, the agenda was well-structured with clear guidelines, and both the information pack and the technical equipment were of excellent quality.

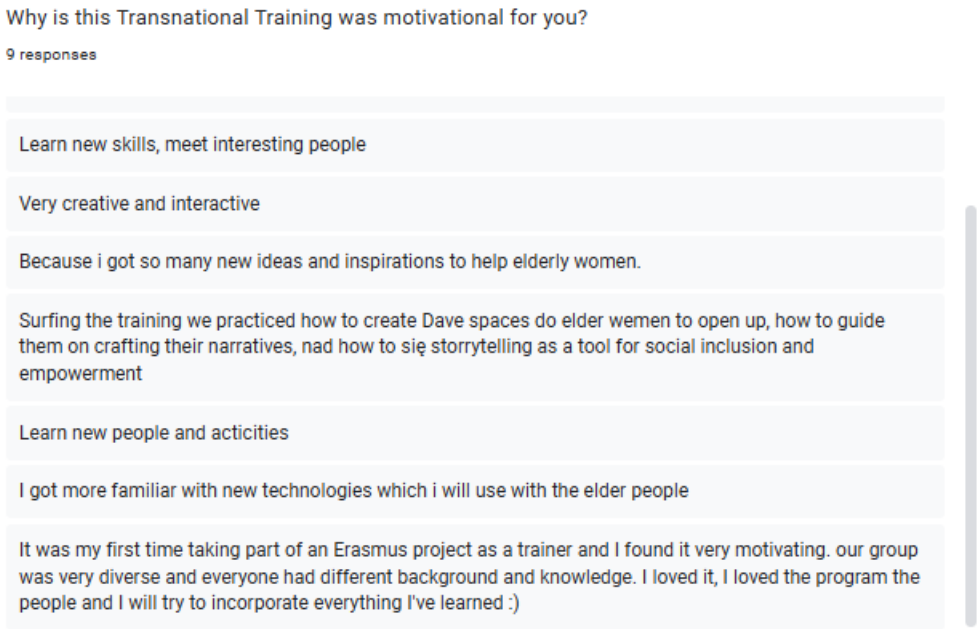


Comment: Most respondents highlighted the trainer's knowledge and expertise as highly effective, complemented by excellent communication skills. The quality of the presentations and resources was outstanding, featuring clear guidelines, and the trainers provided comprehensive support to all participants throughout the sessions.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Why is this Transnational Training was motivational for you?

- The training inspired me to think of more ways to serve the elderly, gave me ideas, and empowered me to continue learning.
- New ideas in a really new environment for me
- Learn new skills, meet interesting people
- Very creative and interactive
- Because i got so many new ideas and inspirations to help elderly women.
- Surfing the training we practiced how to create Dave spaces do elder wemen to open up, how to guide them on crafting their narratives, nad how to się storrytelling as a tool for social inclusion and empowerment
- Learn new people and acticities
- I got more familiar with new technologies which i will use with the elder people
- It was my first time taking part of an Erasmus project as a trainer and I found it very motivating. our group was very diverse and everyone had different background and knowledge. I loved it, I loved the program the people and I will try to incorporate everything I've learned :)

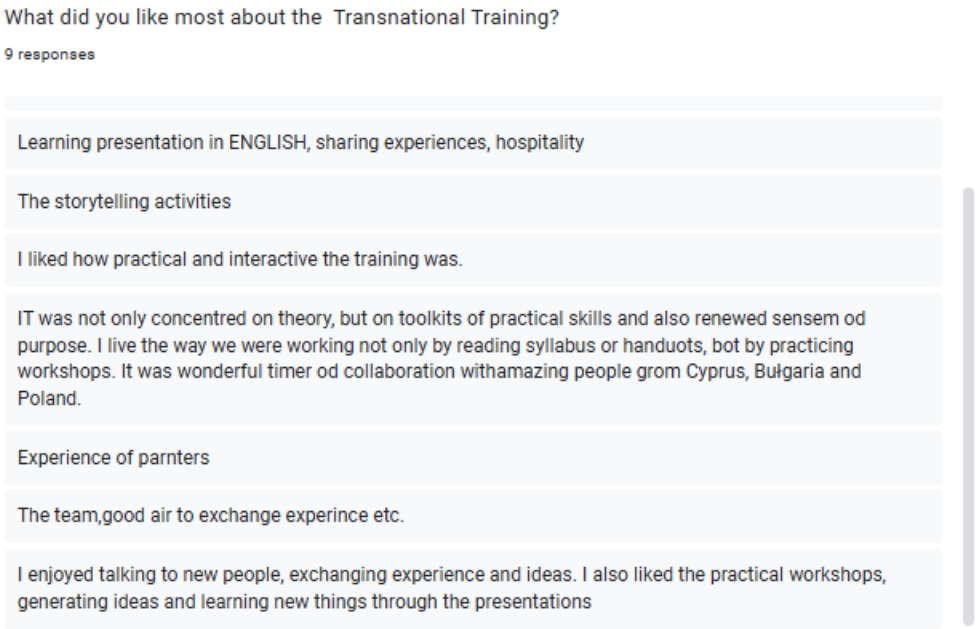


What did you like most about the Transnational Training?

- The diversity and the various sources recommendations, shared experience...

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

- Different cultures
- Learning presentation in ENGLISH, sharing experiences, hospitality
- The storytelling activities
- I liked how practical and interactive the training was.
- IT was not only concentred on theory, but on toolkits of practical skills and also renewed sensem od purpose. I live the way we were working not only by reading syllabus or handuots, bot by practicing workshops. It was wonderful timer od collaboration withamazing people grom Cyprus, Bułgaria and Poland.
- Experience of parnters
- The team,good air to exchange experince etc.
- I enjoyed talking to new people, exchanging experience and ideas. I also liked the practical workshops, generating ideas and learning new things through the presentations

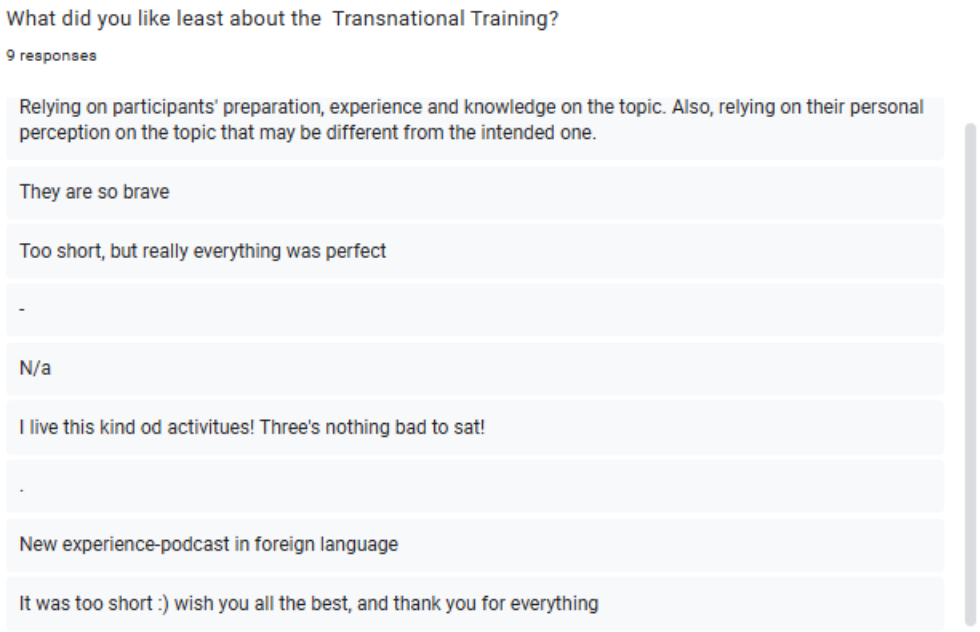


What did you like least about the Transnational Training?

- Relying on participants' preparation, experience and knowledge on the topic. Also, relying on their personal perception on the topic that may be different from the intended one.
- They are so brave
- Too short, but really everything was perfect
- -
- N/a

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

- I live this kind od activitues! Three's nothing bad to sat!
- .
- New experience-podcast in foreign language
- It was too short :) wish you all the best, and thank you for everything



https://docs.google.com/forms/d/e/1FAIpQLScUplTFmJa-dwEyvwUZc1X_5GxdV5_0bW-GJiLzbY9cNzpNsg/viewform?usp=dialog

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.